

# PROMENADE

PISCINA & LOUNGE

## M E N U D E B E B I D A S

### VINHO DO PORTO

MESSIAS RUBY	6 cl	8
MESSIAS TAWNY	6 cl	8
MESSIAS DRY	6 cl	8
MESSIAS ROSÉ	6 cl	8

### SANGRIAS COPO

BRANCO	40 cl	8
TINTO	40 cl	8
ROSÉ	40 cl	8
ESPUMANTE	40 cl	10

### {CHAMPAGNE & ESPUMANTE}

H BLIN BRUT	75 cl	98
H BLIN BRUT FLUTE	75 cl	15
ALIANÇA BRUTO	75 cl	25
ALIANÇA BRUTO FLUTE	10 cl	6

### VINHO? COPO OU GARRAFA?

(COPO)		
TREVO   BRANCO, ROSÉ, TINTO	20 cl	6
DALVA RESERVA   BRANCO, TINTO	20 cl	8

(GARRAFA)		
TREVO   BRANCO, ROSÉ, TINTO	75 cl	25
DALVA RESERVA   TINTO	75 cl	35

### RUM

HAVANA 3 ANOS	6 cl	11
HAVANA 7 ANOS	6 cl	13

### GENEVER ou GIN!

BOMBAY SAPHIRE	6 cl	14
BEEFEATER	6 cl	15
BEEFEATER PINK	6 cl	16

### COCKTAILS

CAIPIPORTO		
Lima e Vinho do Porto branco	30 cl	12
MOJITO		
Lima, Rum e Menta	33 cl	14
CAIPIRINHA		
Lima e Cachaça	30 cl	14
MARGARITA		
Sumo de lima, Cointreau e Tequilla	30 cl	14
DAIQUIRI		
Sumo de lima e Rum	30 cl	14
MOSCOW MULE		
Sumo de lima, ginger beer, Vodka	30 cl	14
PORTO TONIC		
Vinho do Porto Branco e Água tônica	33 cl	12
SPRITZ		
Espumante, Aperol, Soda e Laranja	33 cl	14

### COCKTAILS S/ ALCOOL

SAN FRANCISCO	33 cl	10
VIRGIN MOJITO	33 cl	10
COCKTAIL DO DIA	30 cl	10
VIRGIN MARY	30 cl	10

### VODKA

VODKA WYBOROWA	6 cl	14
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### Whiskeys

BALLANTINE'S	6 cl	12
JACK DANIELS	6 cl	14
BALLANTINE'S 12	6 cl	15

### CERVEJAS E CIDRA DE MAÇÃ!

SUPER BOCK ABADIA	33 cl	6
SUPER BOCK DRAFT	33 cl	5
SUPER BOCK 40 CL	33 cl	7
SUPER BOCK STOUT	33 cl	6
CARLSBERG	33 cl	6
CORONA	33 cl	8
SOMERSBY	33 cl	6

TODOS OS PREÇOS ESTÃO LISTADOS EM EUROS

# PROMENADE

POOL DINING & LOUNGE

## M E N U D E B E B I D A S

### SUMOS NATURAIS

LARANJA	33 cl	6
LIMONADA	33 cl	4


### BATIDOS

BAUNILHA	33 cl	6
CHOCOLATE	33 cl	6
CARAMELO	33 cl	6
(OUTROS SABORES)	33 cl	6

### REFRIGERANTES

COCA COLA	5
COCA COLA ZERO/ LIGHT	5
SPRITE	5
NESTEA LIMÃO	5
NESTEA PÊSSEGO	5
NESTEA MANGA	5
GUARANÁ	5
COMPAL DE FRUTAS	4

### ÁGUA

EARTH WATER 	50 cl	5
PEDRAS SALGADAS COM GÁS	33 cl	3
PEDRAS SALGADAS COM GÁS	75 cl	5
PEDRAS SALGADAS LIMÃO COM GÁS	33 cl	3
PEDRAS SALGADAS FRAMBOESA COM GÁS	33 cl	3
AGUA TONICA	20 cl	4

### MAIS DO QUE CAFÉ

NESPRESSO	4
NESPRESSO/ DECAFFEINATO	4
MACHIATTO	5
CAFFE LATTE	5
CAPUCCINO	5

### UM CHÁ DA TWG

VANILLA BOURBON (COLD OR HOT !)	4
MOROCCAN MINT	4
SENCHA	4
ROYAL DARJEELING	4
ENGLISH BREAKFAST	4
EARL GREY	4

Caso tenha alguma intolerância/alergia alimentar por favor informe.

Horário de Funcionamento:  
Toda a semana: 11h00 – 17:30

Capacidade de lugares 45  
IVA incluído à taxa em vigor  
Inclui sugestão de 10% de gratificação



## M E N U D E C O M I D A S

### APERITIVOS

NACHOS	12
Com dip de Guacamole	
ASAS DE FRANGO PICANTES	15
Com dip de barbecue	
STICKS DE QUEIJO PANADO	13
Com Molho Agri doce	

### SANDWICHES

TRADICIONAL	9
Fiambre e Queijo em Pão de Trigo	
VEGETARIANA	15
Queijo cabra, courgette, mel e noz	
NÓRDICA	19
Salmão fumado, Queijo Creme e Cebolinho	
CAMPONESA	16
Frango com queijo brie, cogumelos e cebola caramelizada	
O NOSSO PREGO	21
Lombo de Novilho com Fiambre e Queijo	

*Todos os pratos são servidos com batatas chips*

### BOWL

MARISCO	18
Camarão, quinoa, alface, abacate, fruta tropical, sésamo e molho cocktail	
CARNE	17
Crispy de frango, quinoa, alface, cogumelo, malagueta, abacaxi e molho iogurte	
MEDITERRANEA	15
Queijo vegetariano, quinoa, alface, pepino, azeitona, tomate seco e molho vinagrete	

### HAMBÚRGUER

CLÁSSICO	24
180gr Hambúrguer de Vitela com Queijo, Bacon, Tomate, Cebola e Alface	
VEGETARIANO*	25
Hambúrguer Vegan, Tomate e Alface	

\*opção vegan: sem pão

*Todos os pratos são servidos com batatas chips*

### PASTA

TORTELLINI	15
Espinafres com natas, tomate e rúcula	

### SOBREMESA

FRUTA LAMINADA	8
GELADO FINI	7,5
Veja os Sabores Disponíveis	

# PROMENADE

POOL & DINING LOUNGE

## DRINKS MENU

### PORT WINE

MESSIAS RUBY	6cl	8
MESSIAS TAWNY	6 cl	8
MESSIAS DRY	6 cl	8
MESSIAS ROSÉ	6 cl	8

### SANGRIAS GLASS

WHITE	40 cl	8
RED	40 cl	8
ROSÉ	40 cl	8
SPARKLING WINE	40 cl	10

### {CHAMPAGNE & SPARKLING WINE}

H BLIN BRUT	75 cl	98
H BLIN BRUT GLASS	10 cl	15
ALIANÇA BRUTO	75 cl	25
ALIANÇA BRUTO GLASS	10 cl	6

### WINE? GLASS or BOTTLE?

(GLASS)		
TREVO   WHITE, ROSE, RED	20 cl	6
DALVA RESERVA   RED, WHITE	20 cl	8

(BOTTLE)		
TREVO   WHITE, ROSE, RED	75 cl	25
DALVA RESERVA   RED, WHITE	75 cl	35

### RUM

HAVANA 3 YEARS	6 cl	11
HAVANA 7 YEARS	6 cl	13

### GIN

BOMBAY SAPHIRE	6 cl	14
BEEFEATER	6 cl	15
BEEFEATER PINK	6 cl	16

### COCKTAILS

CAIPIPORTO	30 cl	12
Lime and white Port wine		
MOJITO	33 cl	14
Lime, Rum and mint		
CAIPIRINHA	30 cl	14
Lime and Cachaça		
MARGARITA	10 cl	14
Lime juice, Cointreau and Tequilla		
DAIQUIRI	30 cl	14
Lime juice and Rum.		
MOSCOW MULE	30 cl	14
Lime juice, ginger beer and Vodka		
PORTO TONIC	33 cl	12
White Port wine and tonic water		
SPRITZ	33 cl	14
Sparkling wine, Aperol, Soda and orange		

### MOCKTAILS

SAN FRANCISCO	33 cl	10
CINDERELLA	33 cl	10
DAILY COCKTAIL	30 cl	10
VIRGIN MOJITO	30 cl	10

### VODKA

VODKA WYBOROWA	6 cl	14
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### Whisky / Whiskey

BALLANTINE'S	6 cl	12
JACK DANIELS	6 cl	14
BALLANTINE'S 12	6 cl	15

### BEERS & APPLE CIDER!

SUPER BOCK ABADIA	33 cl	6
SUPER BOCK DRAFT	33 cl	5
SUPER BOCK 40 CL	33 cl	7
SUPER BOCK STOUT	33 cl	6
CARLSBERG	33 cl	6
CORONA	33 cl	8
SOMERSBY	33 cl	6

PRICES ARE LISTED IN EUROS

# PROMENADE

POOL & DINING LOUNGE

## B E E V R A G E M E N U

### NATURAL JUICES

ORANGE	33 cl	6
LEMONADE	33 cl	4


### SHAKES!

VANILLA	33 cl	6
CHOCOLATE	33 cl	6
CARAMEL	33 cl	6
(OTHER FLAVORS)	33 cl	6

### SOFT DRINKS

COCA COLA	33 cl	5
COCA COLA LIGHT/ ZERO	33 cl	5
SPRITE	33 cl	5
NESTEA LEMON	33 cl	5
NESTEA PEACH	33 cl	5
NESTEA MANGO	33 cl	5
GUARANÁ	33 cl	5
COMPAL FRUITS	33 cl	4

### W A T E R

EARTH WATER 	50 cl	5
PEDRAS SALGADAS SPARKLING	33 cl	3
PEDRAS SALGADAS SPARKLING	75 cl	5
LEMON PEDRAS SALGADAS FLAVOR SPARKLING	33 cl	3
STRAWBERRY PEDRAS SALGADAS FLAVOR SPARKLING	33 cl	3
NORDIC TONIC	33 cl	4

### MORE THAN COFFEE

NESPRESSO	4
NESPRESSO/ DECAFFEINATO	4
MACHIATTO	5
CAFFE LATTE	5
CAPUCCINO	5

### T E A F R O M T W G

VANILLA BOURBON (COLD OR HOT !)	4
MOROCCAN MINT	4
SENCHA	4
ROYAL DARJEELING	4
ENGLISH BREAKFAST	4
EARL GREY	4

If you have any food intolerance/allergy, please let us know.

Schedule  
All week: 11.00am – 6.00pm

Seating Map: 45 seats  
VAT included

Our bill includes a 10% suggested service



## F O O D M E N U

### SNACKS

NACHOS	12
With Avocado Dip Sauce	
CHICKEN WINGS	15
With barbecue dip	
CRISPY BREADED CHEESE STICKS	13
With sweet chilli sauce	

### SANDWICHES

TRADITIONAL	9
Ham and Cheese with White Bread	
VEGETARIAN	15
Goat cheese, zucchini, honey and walnut	
NORDIC	19
Smoked Salmon, Cream Cheese and Chives	
FARM	16
Chicken with brie cheese, mushrooms and caramelized onions	
OUR TRADITIONAL PREGO	21
Tenderloin Steak with Cheese and Ham	

*All dishes are served with Chips*

### BOWL

SHELLFISH	18
Prawns, quinoa, lettuce, avocado, tropical fruit, sesame and cocktail sauce	
MEAT	17
Crispy chicken, quinoa, lettuce, mushroom, chilli, pineapple and Yogurt sauce	
MEDITERRANEA	15
Feta cheese, quinoa, lettuce, cucumber, olive, dried tomato and Vinaigrette sauce	

### BURGUER

CLASSIC	24
180gr of Veal Meat with Edam Cheese, bacon, Tomato, Onion and Lettuce	
VEGETARIAN*	25
Vegan burger, tomato and lettuce	

\*Vegan option: without bread  
*All dishes are served with Chips/Crisps*

### PASTA

TORTELLINI	15
Spinach with cream, tomato and arugula	

### D E S S E R T

SELECTION OF FRESH FRUIT	9
FINI ICE CREAM	7,5
Please Ask for our Available Flavors	